

## **Clinical Policy: Halobetasol Propionate/Tazarotene (Duobrii)**

Reference Number: CP.PMN.208

Effective Date: 09.01.19

Last Review Date: 08.24

Line of Business: Commercial, HIM, Medicaid

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

### **Description**

Duobrii<sup>®</sup> lotion is a combination product containing halobetasol propionate 0.01% and tazarotene 0.045%. Halobetasol propionate is a corticosteroid and tazarotene is a retinoid.

### **FDA Approved Indication(s)**

Duobrii lotion is indicated for the topical treatment of plaque psoriasis (PsO) in adults.

### **Policy/Criteria**

*Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.*

It is the policy of health plans affiliated with Centene Corporation<sup>®</sup> that Duobrii is **medically necessary** when the following criteria are met:

#### **I. Initial Approval Criteria**

##### **A. Plaque Psoriasis (must meet all):**

1. Diagnosis of PsO with body surface area involvement  $\leq 20\%$ ;
2. Age  $\geq 18$  years;
3. Prescribed by or in consultation with a dermatologist or rheumatologist;
4. Failure of generic halobetasol propionate and generic clobetasol propionate, unless both are contraindicated or clinically significant adverse effects are experienced;
5. Failure of generic tazarotene, unless contraindicated or clinically significant adverse effects are experienced;
6. Dose does not exceed 100 g per month (one tube per month).

**Approval duration: 12 months**

##### **B. Other diagnoses/indications (must meet 1 or 2):**

1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
  - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.33 for health insurance marketplace, and CP.PMN.255 for Medicaid; or

- b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.103 for health insurance marketplace, and CP.PMN.16 for Medicaid; or
2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

## II. Continued Therapy

### A. Plaque Psoriasis (must meet all):

1. Member meets one of the following (a or b):
  - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
  - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);
2. Member is responding positively to therapy;
3. If request is for a dose increase, new dose does not exceed 100 g per month (one tubes per month).

**Approval duration: 12 months**

### B. Other diagnoses/indications (must meet 1 or 2):

1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
  - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.33 for health insurance marketplace, and CP.PMN.255 for Medicaid; or
  - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.103 for health insurance marketplace, and CP.PMN.16 for Medicaid; or
2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

## III. Diagnoses/Indications for which coverage is NOT authorized:

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid or evidence of coverage documents.

**IV. Appendices/General Information**

*Appendix A: Abbreviation/Acronym Key*

FDA: Food and Drug Administration

PsO: plaque psoriasis

*Appendix B: Therapeutic Alternatives*

*This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.*

| <b>Drug Name</b>  | <b>Dosing Regimen</b>   | <b>Dose Limit/<br/>Maximum Dose</b> |
|---|---|-------------------------------------|
| halobetasol propionate 0.05% cream/ointment (Ultravate <sup>®</sup> )   | Apply a thin layer to the affected skin QD to BID<br>Treatment should be limited to two weeks.  | 50 g/week                           |
| halobetasol propionate 0.01% lotion (Bryhali <sup>™</sup> )   | Apply a thin layer to the affected skin once daily.<br>Treatment should be limited to eight weeks.  | 50 g/week                           |
| clobetasol propionate 0.05% cream/foam/gel/lotion/ointment/shampoo/spray (Clobex <sup>®</sup> , Olux-E <sup>®</sup> , Olux <sup>®</sup> ) | Apply a thin layer to the affected skin BID<br>Treatment for mild to moderate plaque psoriasis should be limited to 2 weeks; moderate to severe treatment up to 4 weeks.                                  | 50 g/week                           |
| tazarotene (Tazorac <sup>®</sup> ) cream and gel  | Apply gel or cream, 0.05% with strength increased to 0.1% if tolerated and medically indicated, qPM to psoriatic lesions, using enough (2 mg/cm <sup>2</sup> ) to cover only the lesion with a thin film. | 2 mg/cm <sup>2</sup> /day           |

*Therapeutic alternatives are listed as Brand name<sup>®</sup> (generic) when the drug is available by brand name only and generic (Brand name<sup>®</sup>) when the drug is available by both brand and generic.*

*Appendix C: Contraindications/Boxed Warnings*

- Contraindication(s): pregnancy
- Boxed warning(s): none reported

**V. Dosage and Administration**

| <b>Indication</b> | <b>Dosing Regimen</b>  | <b>Maximum Dose</b> |
|-------------------|--|---------------------|
| Plaque psoriasis  | Apply a thin layer of lotion once daily to the affected areas until control is achieved. | 50 g/week           |

**VI. Product Availability**

Lotion 0.01%/0.045%: 100 g tubes

**VII. References**

1. Duobrii Prescribing Information. Bridgewater, NJ: Bausch Health Americas, Inc., January 2020. Available at: <https://pi.bauschhealth.com/globalassets/BHC/PI/Duobrii-PI.pdf>. Accessed May 13, 2024.
2. Micromedex<sup>®</sup> Healthcare Series [Internet database]. Greenwood Village, Colo: Thomson Healthcare. Updated periodically. Accessed May 21, 2024.
3. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.; 2024. Available at: <https://www.clinicalkey.com/pharmacology/>. Accessed May 21, 2024.
4. Menter A, Gordon KB, Connor C, et al. National Psoriasis Foundation guidelines of care for the management of psoriasis with systemic nonbiologic therapies. J Am Acad Dermatol. 2020 Feb;02.044.

| Reviews, Revisions, and Approvals   | Date     | P&T Approval Date |
|---|----------|-------------------|
| 3Q 2020 annual review: added HIM line of business; added rheumatologist as prescriber involvement for plaque psoriasis; references reviewed and updated.      | 04.30.20 | 08.20             |
| 3Q 2021 annual review: no significant changes; updated reference for HIM off-label use to HIM.PA.154 (replaces HIM.PHAR.21); references reviewed and updated. | 04.02.21 | 08.21             |
| 3Q 2022 annual review: no significant changes; references reviewed and updated.   | 05.12.22 | 08.22             |
| Template changes applied to other diagnoses/indications and continued therapy section.  | 10.05.22 |                   |
| 3Q 2023 annual review: added halobetasol propionate 0.01% lotion as an alternative in Appendix B; references reviewed and updated.                            | 05.01.23 | 08.23             |
| 3Q 2024 annual review: no significant changes; references reviewed and updated.   | 05.13.24 | 08.24             |

**Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage

decisions and the administration of benefits are subject to all terms, conditions, exclusions, and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment, or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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**Note: For Medicaid members**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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