



HEALTH MANAGEMENT ASSOCIATES

Health Management Associates  
presents

## ***Using Motivational Interviewing When Screening for Risky Substance Use a two-part series***

A Live, Interactive Webinar

**November 7 and November 14, 2023**  
**10:00am – 11:30am Hawai'i**

Substance misuse and overdose deaths are increasing in Hawai'i. To better identify substance misuse early, prevent worsening, and provide interventions and treatment, **Med-QUEST**, along with our partner Health Management Associates, is providing an **online interactive session on Screening, Brief Intervention, and Referral to Treatment (SBIRT)**. SBIRT is an evidence-based, comprehensive, integrated public health approach to the delivery of early intervention and treatment services for individuals at risk of substance use disorders. It is a holistic approach that recognizes the importance of early intervention in improving outcomes for individuals and communities. SBIRT encounters are reimbursable.

Motivational Interviewing (MI) is a communication technique that aims to evoke and strengthen a person's motivation for positive change. In SBIRT, MI is used during the Brief Intervention to engage individuals in a non-confrontational and collaborative conversation about their substance use. The goal is to help them recognize the potential risks and consequences of their behavior and explore their motivation for change. Through role plays and discussions, this training will cover the Spirit of MI, and other foundational MI skills including "OARS" Skills (Open-ended questions, Affirmations of the patient's inner strength, Reflective statements, and Summary statements) and recognizing change and sustain talk. We will delve into effective use of MI for providing feedback on personal risk and consequences, as well as enhancing motivation for change.

**Target audience:** Social workers, Nurses, Physicians, Billing and Coding departments, counselors, SUD clinicians....

**Content level:** Beginner

### **About the instructors**

Marsha Johnson is a leader in complex care program development, integrated health delivery, curriculum development, and workforce and leadership development. She is passionate about building a resilient workforce and systems to meet the demands of the safety net environment and deliver quality, comprehensive care to complex populations.

Suzanne Daub is a nationally recognized trainer in integrated healthcare. She guides healthcare organizations in the seamless integration of behavioral elements into primary care and community behavioral health practices. Her philosophy follows a "no wrong door" approach, fostering a whole-person, recovery-oriented healthcare model. Presently, Ms. Daub is actively engaged in training community health centers and behavioral health providers, ensuring the faithful implementation of SBIRT to the highest standards.



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### Part 1 Learning objectives

After attending this course, participants will be able to...

- Explain the fundamental principles of Motivational Interviewing. Develop/refine communication skills to provide feedback on personal risk and consequences in a constructive manner and motivate individuals for positive change.
- Identify strategies for responding to ambivalence in a supportive and constructive manner.
- Improve confidence in using eliciting/ "OARS" skills

### Part 2 Learning objectives

- Identify preparatory and mobilizing change talk
- Utilize eliciting skills to build on change talk in the areas of Desire, Ability, Reason and Need, Commitment, Activation and Taking Steps
- Integrate goal setting and planning into the brief intervention process

### Part 1: Course outline/Agenda

Welcome and Introduction	<i>5 minutes</i>
The Motivational Interviewing Concept and Framework	<i>15 minutes</i>
Engaging using OARS	<i>15 minutes</i>
Practice each OARS Skill during a Brief Intervention for Risky Substance Use	<i>45 minutes</i>
Q&A	<i>10 minutes</i>

### Part 2: Course outline/Agenda

Welcome and Introduction	<i>5 minutes</i>
Introduction to Sustain Talk and Change Talk	<i>15 minutes</i>
Identifying Preparatory and Mobilizing Change Talk	<i>15 minutes</i>
Skills practice during a Brief Intervention for Risky Substance Use	<i>30 minutes</i>
Planning and Goal Setting	<i>15 minutes</i>
Q&A	<i>10 minutes</i>

### Course interaction & system requirements

This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

#### System requirements

- **Operating Systems:** Windows XP or higher, MacOS 9 or higher, Android 4.0 or higher
- **Internet Browser:** Internet Explorer 9.0 or higher, Google Chrome, Firefox 10.0 or higher
- **Broadband Internet connection:** Cable, high-speed DSL & any other medium that is internet accessible



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### Registration

Click [here](#) to register.

### Course completion & CE info

Course completion requirements: To earn CE credit, social workers must log in at the scheduled time, attend the entire course and complete an online course evaluation. Certificates of completion will be emailed within 10-12 business days of course completion.

Health Management Associates, #1780, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Health Management Associates maintains responsibility for this course. ACE provider approval period: 09/22/2021 – 09/22/2022. Social workers completing this course receive 3.0 continuing education credits.

**For questions, concerns, or to request special accommodations, please email  
[cmcintire@healthmanagement.com](mailto:cmcintire@healthmanagement.com)**

### Financial Disclosure Statement:

Funding for this event was made possible by Hawai'i Department of Human Services Med-Quest Division. The views expressed in written event materials or publications and by facilitators and moderators do not necessarily reflect the official policies of the Hawai'i Department of Human Services Med-Quest Division; nor does mention



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